

11-Day Vietnam: Food, Faith and Local Life

A gentle journey through Vietnamese food, belief and everyday rituals, with Hue as its contemplative centre.



Duration

11 days / 10 nights

Travel style

Moderate, with regional transfers

Accommodation

4-star or equivalent, confirmed in the final proposal

Route

Hanoi - Hue - Hoi An - Ho Chi Minh City

Trip highlights

- Morning markets and neighbourhood belief
- Vegetarian traditions with a living context
- Herbal jelly and a quieter village table
- Craft, market and a shared kitchen

Recommended for

Cultural and affinity groups interested in reflective, sensory travel.

Season note

Heat, rain and religious calendars influence the best time for markets, gardens and sacred places.

This is a sample itinerary, not a quotation or booking confirmation.

Hotels, availability, exact inclusions, pricing and booking terms will be confirmed in a personalised proposal from your travel advisor.



Route covered

Arrive in Hanoi; Hanoi markets and religious sites; Fly to Hue; Hue Imperial City and vegetarian lunch

Day 1 - Arrive in Hanoi

- The arrival plan in Hanoi is built around the confirmed flight, luggage and room readiness.
- No core experience is scheduled before the group is rested for Hanoi markets and sacred spaces.

Overnight: Hanoi | Meals: None

Day 2 - Hanoi markets and religious sites

- Use a market and one linked food experience to show how ingredients move through this region.
- The guide connects what is sold to household routine and regional history
- tasting is selective, hygiene is checked and the programme leaves room for the meal itself.

Overnight: Hanoi | Meals: Breakfast

Day 3 - Fly to Hue

- Transfer for the flight to Hue, allowing enough time for group check-in and baggage handling.
- After arrival, keep the programme to hotel check-in and a short riverside or neighbourhood orientation so the following Hue day carries the main interpretive work.

Overnight: Hue | Meals: Breakfast

Day 4 - Hue Imperial City and vegetarian lunch

- Use Hue's Citadel or a selected royal site to read the former capital as a landscape of water, ritual and residence.
- In Food Faith Slow Living Vietnam, the interpretation is tied to the relationship between food and belief, and the four-night hue chapter, distinguish this journey., while vehicle support and a shaded break keep the physical load realistic.

Overnight: Hue | Meals: Breakfast



Route covered

Hue garden house and family meal; Hue pagodas and quiet afternoon; Hue to Hoi An; Hoi An craft workshop and cooking class

Day 5 - Hue garden house and family meal

- Move into Hue's residential landscape for a pre-arranged garden-house visit, where planting, architecture and family memory can be discussed without staging the household.
- The stop supports the relationship between food and belief, and the four-night hue chapter, distinguish this journey.
- and leaves space for tea or a hosted meal when the family is available.

Overnight: Hue | Meals: Breakfast

Day 6 - Hue pagodas and quiet afternoon

- A contemplative Hue day is used to advance the route's central question rather than add another checklist stop.
- Slow the programme around a pagoda, garden or vegetarian food tradition, with clear guidance on dress and respectful behaviour.
- Quiet observation is given real time; participation in any contemplative practice remains optional and is never presented as entertainment.
- For this journey, the day is kept in service of the relationship between food and belief, and the four-night hue chapter, distinguish this journey.

Overnight: Hue | Meals: Breakfast

Day 7 - Hue to Hoi An

- Hue to Hoi An is used to advance the route's central question rather than add another checklist stop.
- Hue to Hoi An is treated as a travel day with a clear regional purpose rather than hidden transfer time.
- The route includes well-timed rest stops and one or two selected observations that explain how landscape, settlement and livelihoods change along the way
- arrival remains early enough for an unhurried check-in

Overnight: Hoi An | Meals: Breakfast

Day 8 - Hoi An craft workshop and cooking class

- Use a market and one linked food experience to show how ingredients move through this region.
- The guide connects what is sold to household routine and regional history
- tasting is selective, hygiene is checked and the programme leaves room for the meal itself.

Overnight: Hoi An | Meals: Breakfast



Route covered

Fly to Ho Chi Minh City; Ho Chi Minh City religious sites and neighbourhood food; Departure

Day 9 - Fly to Ho Chi Minh City

- Fly to Ho Chi Minh City and give the change in climate and scale time to register before formal touring begins.
- The guide uses a short orientation near the hotel to prepare the group for the city chapter rather than adding a compressed landmark circuit.

Overnight: Ho Chi Minh City | Meals: Breakfast

Day 10 - Ho Chi Minh City religious sites and neighbourhood food

- Use a southern neighbourhood to connect religious diversity, migration and food.
- A market, temple or shared meal is selected for its explanatory value, with street time kept focused and comfortable.

Overnight: Ho Chi Minh City | Meals: Breakfast

Day 11 - Departure

- Departure from Hanoi is handled as an operating day rather than a final sightseeing slot.
- Breakfast, check-out and airport transfer follow the flight schedule, with late check-out priced only when it is genuinely useful.

Meals: Breakfast | End of journey



Inclusions and practical information

This sample itinerary illustrates a proposed route and experiences. Hotels, availability, exact inclusions and pricing will be confirmed in a personalised proposal from your travel advisor.

Included

- Accommodation in the stated overnight locations, based on the rooming arrangement confirmed in the final proposal.
- Daily breakfast and the lunches or dinners specifically marked against each day.
- Private ground transport for the airport transfers, touring and intercity movements shown.
- English-speaking local guide services for scheduled sightseeing and hosted activities.
- Entrance fees and activities explicitly listed in the confirmed itinerary.
- Domestic flights shown in the itinerary, subject to final schedules, fares and operating conditions.

Not included

- International flights and any airfare not specifically included in the final proposal.
- Passport, visa, vaccination, travel insurance and personal medical costs.
- Tips, drinks, laundry, minibar, personal purchases and other incidental expenses.
- Early check-in, late check-out, room upgrades and special room arrangements unless confirmed.
- Optional activities, independent meals and services requested after the itinerary is confirmed.

Final details to be confirmed

- Exact hotel names, room category, bedding and check-in arrangements.
- Guide coverage and any supplier- or host-dependent visits.
- Final flight, cruise, train and transfer timings.
- The complete inclusion list, price, payment schedule and cancellation terms.

Your travel advisor remains your point of contact.

The final proposal replaces this sample once dates, travellers and service choices are confirmed.